

PILLOW CASES FOR COOK CHILDREN'S HOSPITAL

The finished size for the standard pillowcase is 20" x 31". Suitable fabrics are cotton or poly-blend in child-friendly patterns and colors, suitable for boys and girls ages preschool through teens.

Supplies:

$\frac{3}{4}$ yd. of fabric for pillowcase

1/3 yd. fabric for border

-or- you can use the same fabric for the pillowcase and border.

Sewing Instructions:

1. Cut the body of the case 26 $\frac{1}{2}$ " x 40 $\frac{1}{2}$ " and the border 10 $\frac{1}{2}$ " x 40 $\frac{1}{2}$ ".
2. Fold the border in half lengthwise, wrong sides together and press.
3. Place the right side of the border on the right side of the body of the pillowcase. Stitch together using $\frac{1}{2}$ " seam allowance. Finish the seam
4. Place the right sides of the pillowcase together. Stitch down the sides and across the bottom. Finish the seam. Turn right side out and press.

NOTE: Seam finishes may be done by serger, French seam, or the No Seams Showing method found on the www.dfwstitchawish.com website.

TRAVEL SIZE PILLOWCASE

The travel size pillowcase **MUST** have Cook Children's embroidered on the band. Each child entering the hospital will receive this pillow and pillowcase and it becomes their personal property. For complete instructions on making this size pillowcase and doing the embroidery please go to the www.dfwstitchawish.com website and click on Items. From items select pillowcases and complete instructions will be available.