

The Disappearing Hourglass – a quick and easy star pattern from Missouri Star Quilting Company.

<http://quiltingtutorials.com/browse-by-skill-level/beginner-quilting-tutorials/disappearing-hourglass/>

You will need: 10-inch squares in contrasting colors.

1. Align contrasting 10-inch squares, right-sides together, and sew all the way around, $\frac{1}{4}$ " from the edge.
2. Cut diagonally, twice. Press resulting half-square triangles toward the darker fabric.
3. Arrange in an hourglass, with two dark triangles and two light triangles pointing toward the center. Sew together as a four-patch.
4. Cut this block in even thirds, both directions. (Example: If your block measures $12\frac{3}{4}$ " x $12\frac{3}{4}$ ", each third will measure $4\frac{1}{4}$ ".)
5. Rotate the middle blocks, all the way around.
6. Rotate the center square (optional).
7. Rotate the corner squares.
8. Sew your $4\frac{1}{4}$ " x $4\frac{1}{4}$ " blocks together in their new order as you would sew any 9-patch block.

Also works with 5-inch squares!

What other designs can you create by rearranging the blocks?